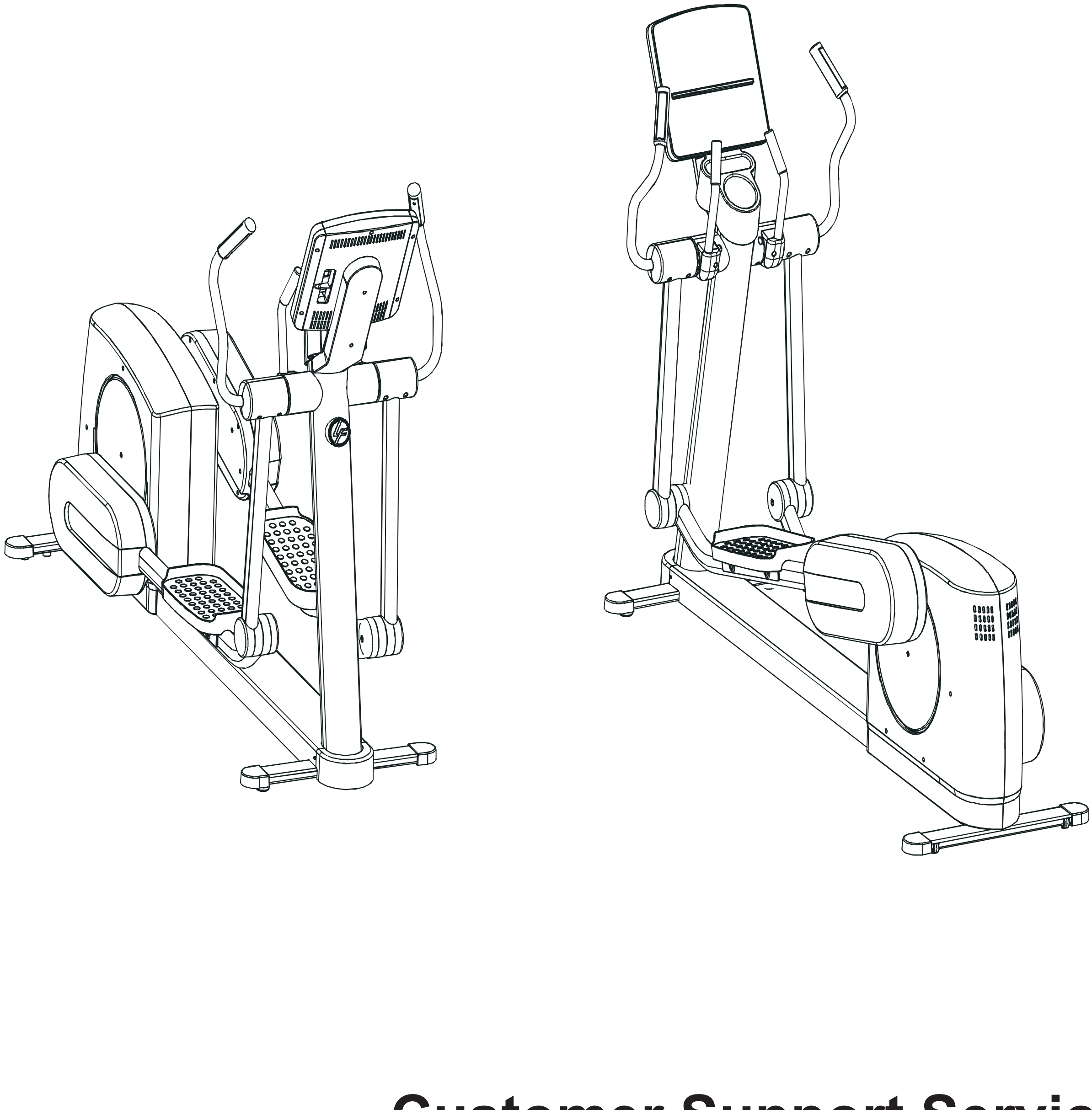
ARCTIC SILVER QUIET DRIVE
CROSS-TRAINER 95Xe-0XXX-05
(Hungary-built Cross-trainer for Domestic Sales)

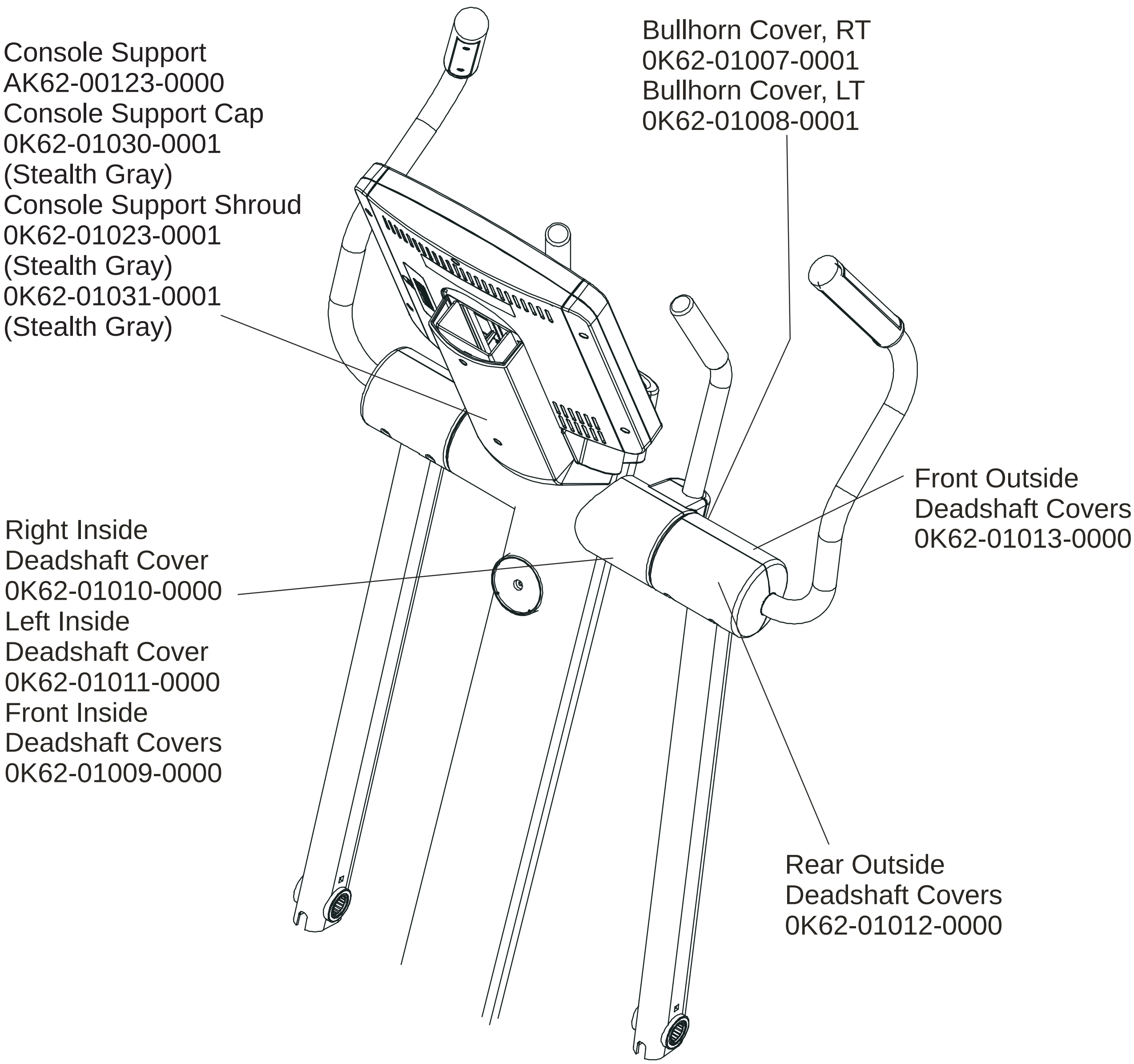


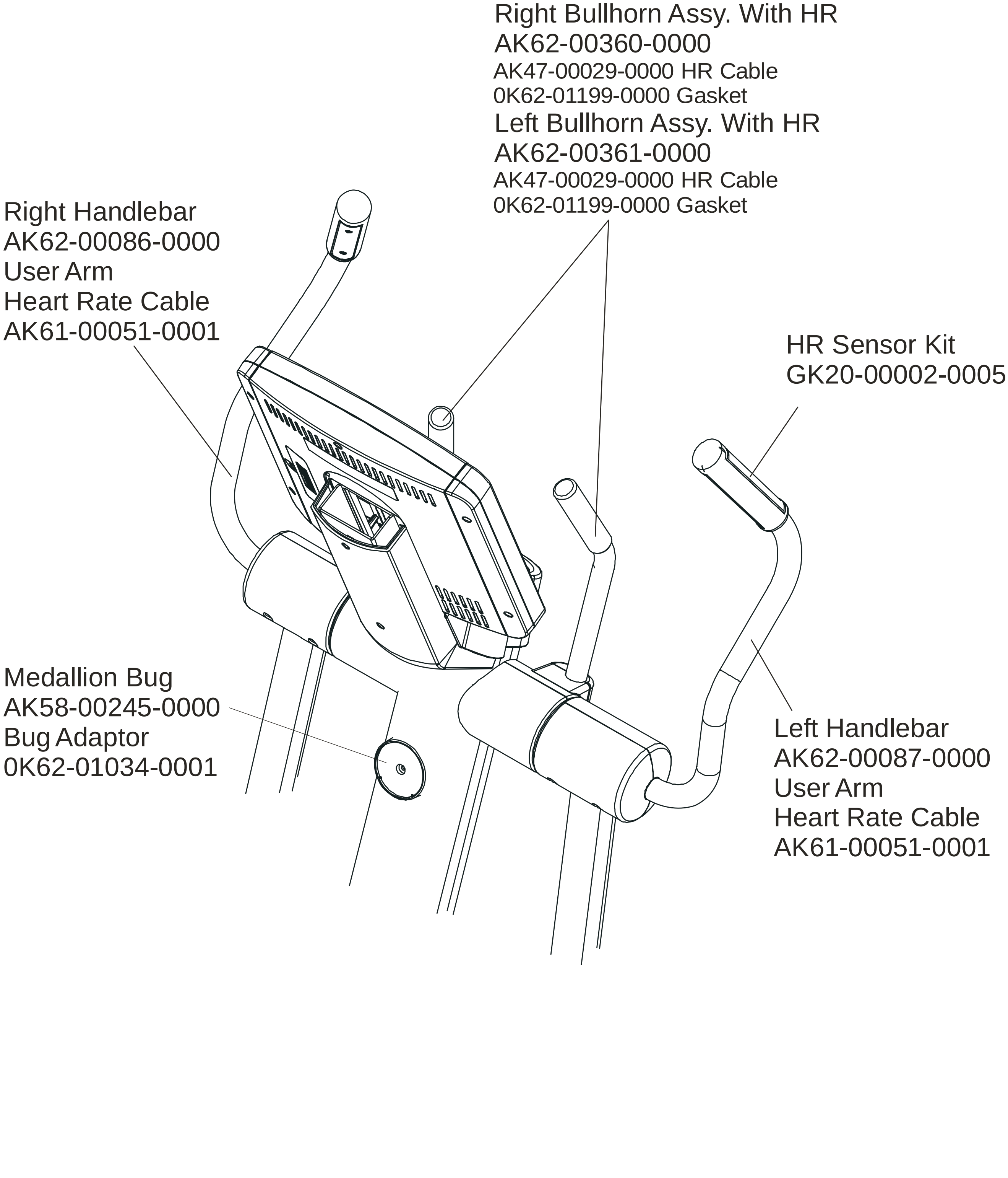
Customer Support Services

PARTS MANUAL rev 14 Jun 2010

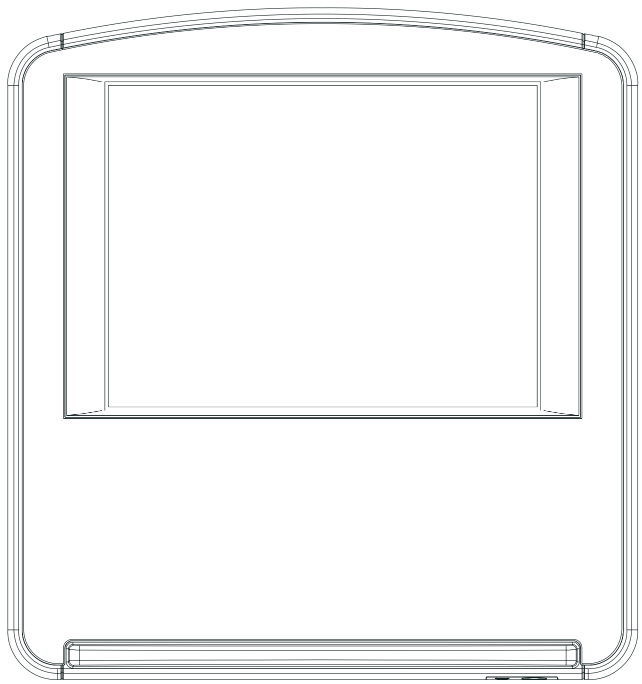
OPERATION MANUAL – (ENG) OPERATION MANUAL – (F/S/P) OPERATION MANUAL – (G/D/I) OPERATION MANUAL – (JAP)	M051-00K62-B095 M051-00K62-B096 M051-00K62-B097 M051-00K62-B098
SERVICE MANUAL	M051-00K62-A149
HARDWARE BAG	AK62-00152-0001
TOUCH UP PAINT: SPRAY CAN .5 OZ BOTTLE W/APPLICATOR .33 OZ PEN	 0017-00008-0204 0017-00008-0205 0017-00008-0206
ACCESS PANEL ASSEMBLY CONSISTS OF: 68” COAX CABLE DC POWER CABLE, 80” ACCESS PANEL BRACKET F TYPE PANEL CONNECTOR	AK62-00172-0000 AK32-00020-0000 AK32-00075-0004 0K62-01179-0000 0017-00021-2846
POWER SUPPLY (WALL TO UNIT)	118E-00001-0161
LiNE CORD: DOM 10A 125V	0017-00003-0704
LINE CORD: CON 10A 250V	0017-00003-0691
LINE CORD: 10A UK	0017-00003-0889
LINE CORD: AUSTRALIA	0017-00003-0918

Note: The 95Xe comes with both Telemetry and LifePulse Sensors.

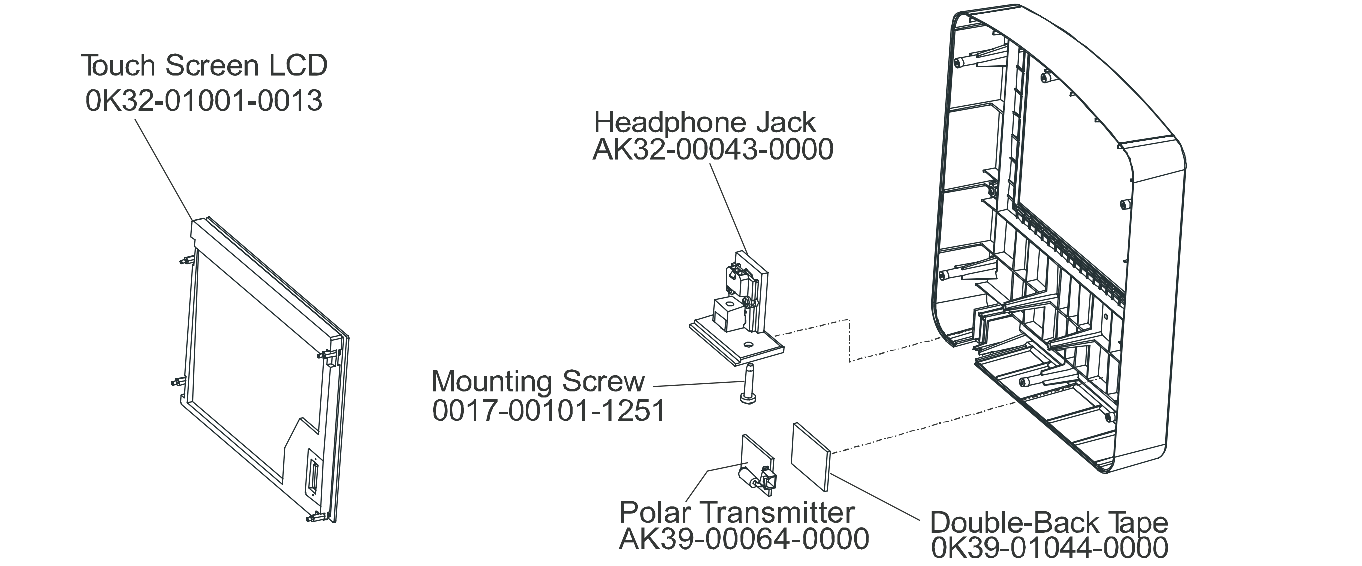

Console Support
AK62-00123-0000
Console Support Cap
0K62-01030-0001
(Stealth Gray)
Console Support Shroud
0K62-01023-0001
(Stealth Gray)
0K62-01031-0001
(Stealth Gray)
Bullhorn Cover, RT
0K62-01007-0001
Bullhorn Cover, LT
0K62-01008-0001
Front Outside
Deadshaft Covers
0K62-01013-0000
Right Inside
Deadshaft Cover
0K62-01010-0000
Left Inside
Deadshaft Cover
0K62-01011-0000
Front Inside
Deadshaft Covers
0K62-01009-0000
Rear Outside
Deadshaft Covers
0K62-01012-0000



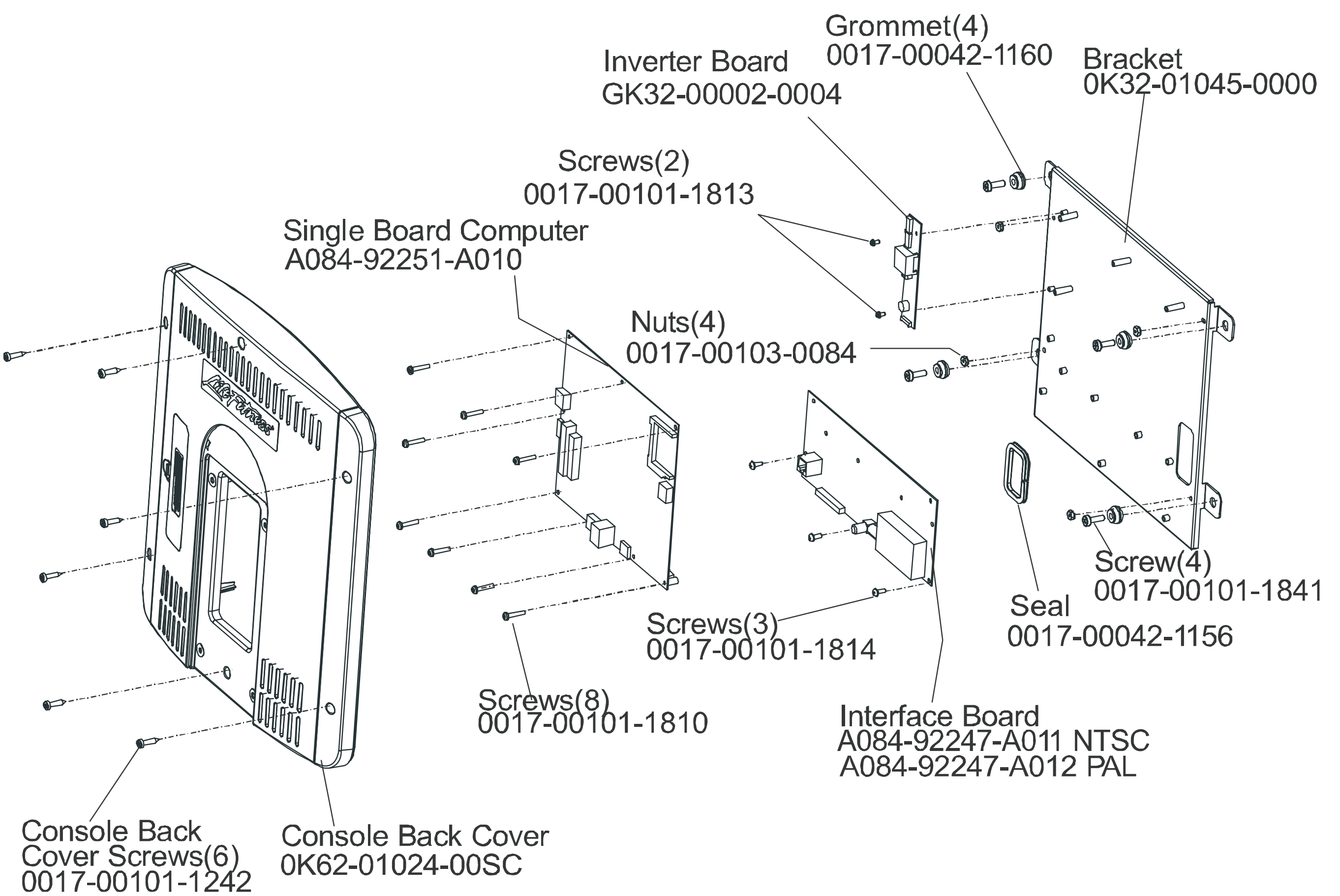
Right Bullhorn Assy. With HR
AK62-00360-0000
AK47-00029-0000 HR Cable
0K62-01199-0000 Gasket
Left Bullhorn Assy. With HR
AK62-00361-0000
AK47-00029-0000 HR Cable
0K62-01199-0000 Gasket
Right Handlebar
AK62-00086-0000
User Arm
Heart Rate Cable
AK61-00051-0001
HR Sensor Kit
GK20-00002-0005
Medallion Bug
AK58-00245-0000
Bug Adaptor
0K62-01034-0001
Left Handlebar
AK62-00087-0000
User Arm
Heart Rate Cable
AK61-00051-0001



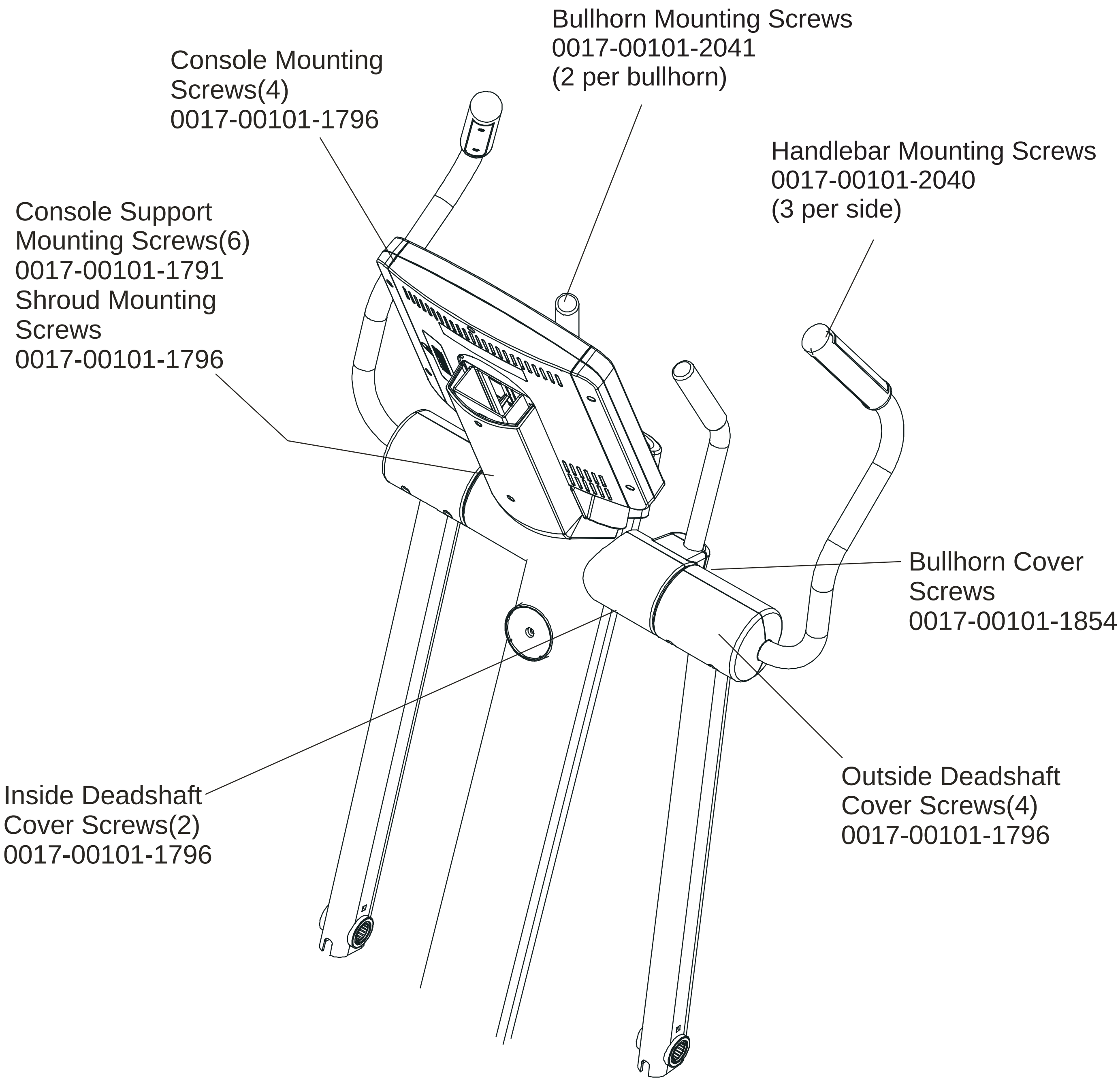
CONSOLE ASSEMBLY	
AK62-00369-0001	CONS-ASSY: MFG; NTSC; ENG



Touch Screen LCD
0K32-01001-0013
Headphone Jack
AK32-00043-0000
Mounting Screw
0017-00101-1251
Polar Transmitter
AK39-00064-0000
Double-Back Tape
0K39-01044-0000

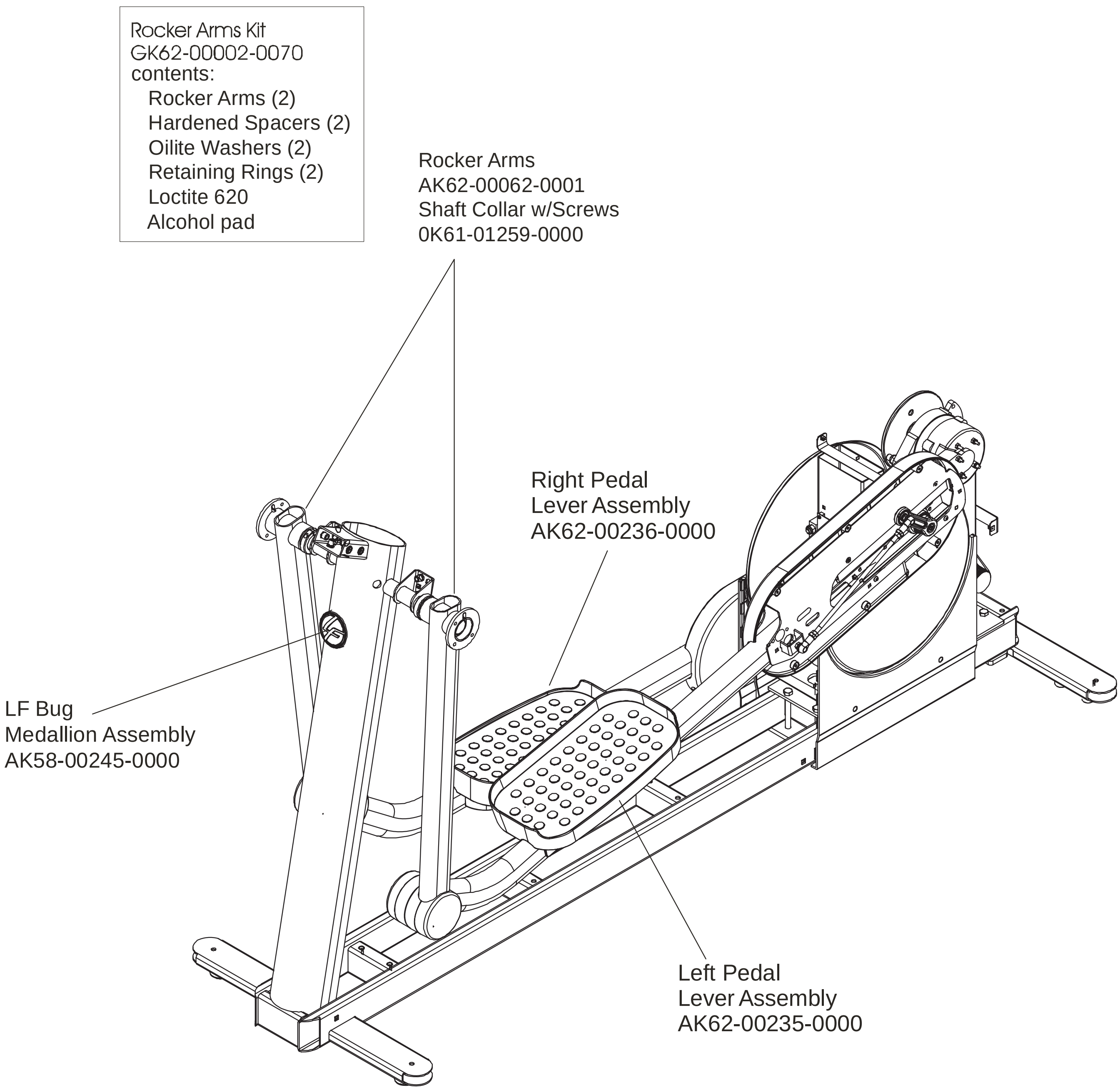


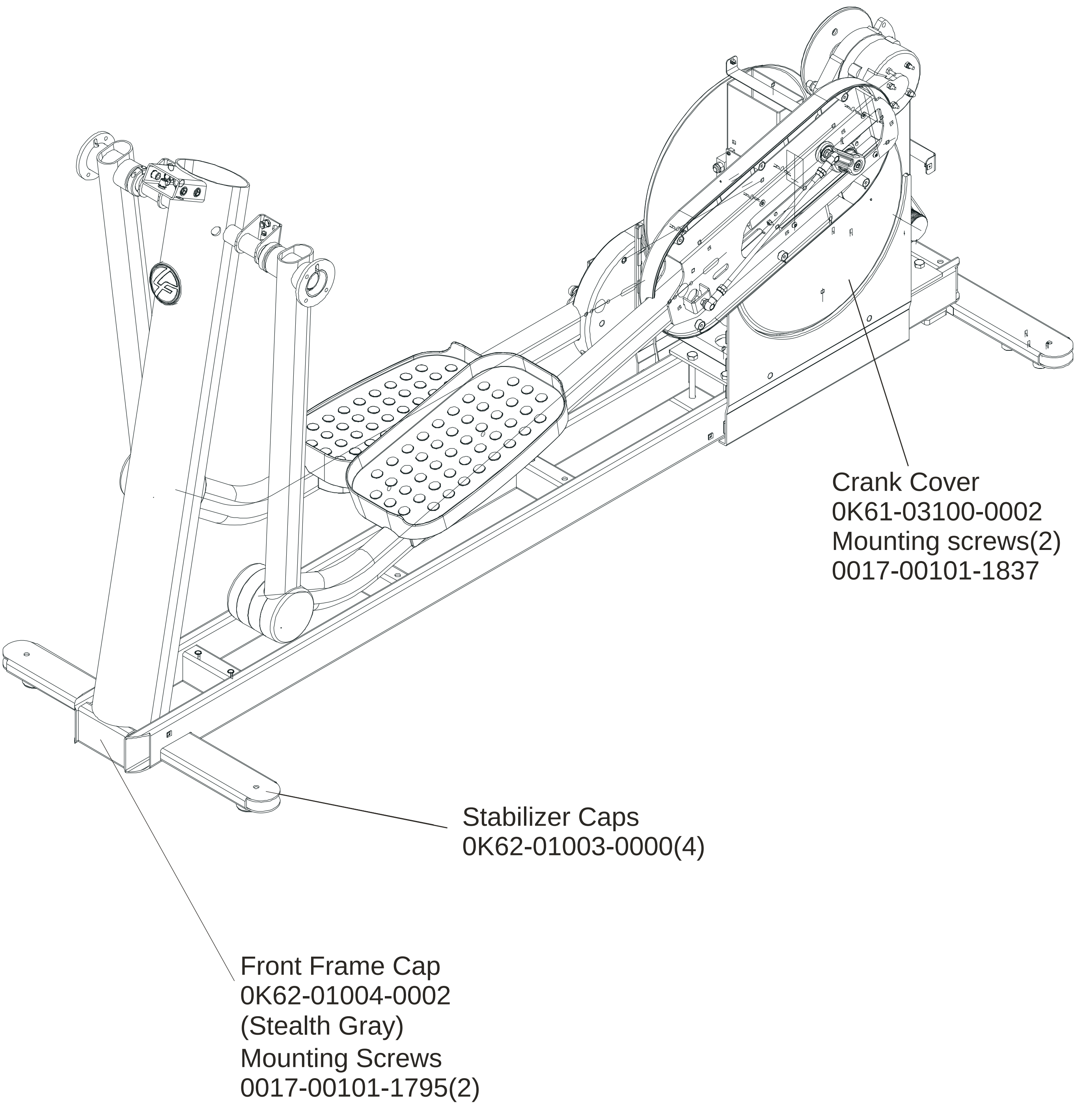
Grommet(4)
0017-00042-1160
Inverter Board
GK32-00002-0004
Bracket
0K32-01045-0000
Screws(2)
0017-00101-1813
Single Board Computer
A084-92251-A010
Nuts(4)
0017-00103-0084
Screw(4)
0017-00101-1841
Seal
0017-00042-1156
Screws(3)
0017-00101-1814
Screws(8)
0017-00101-1810
Interface Board
A084-92247-A011 NTSC
A084-92247-A012 PAL
Console Back
Cover Screws(6)
0017-00101-1242
Console Back Cover
0K62-01024-00SC

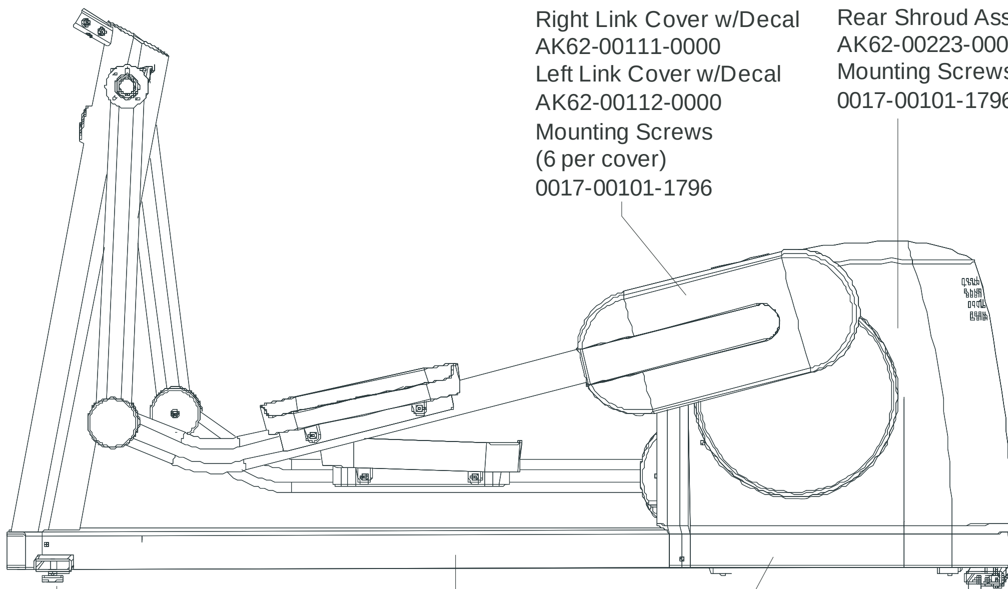


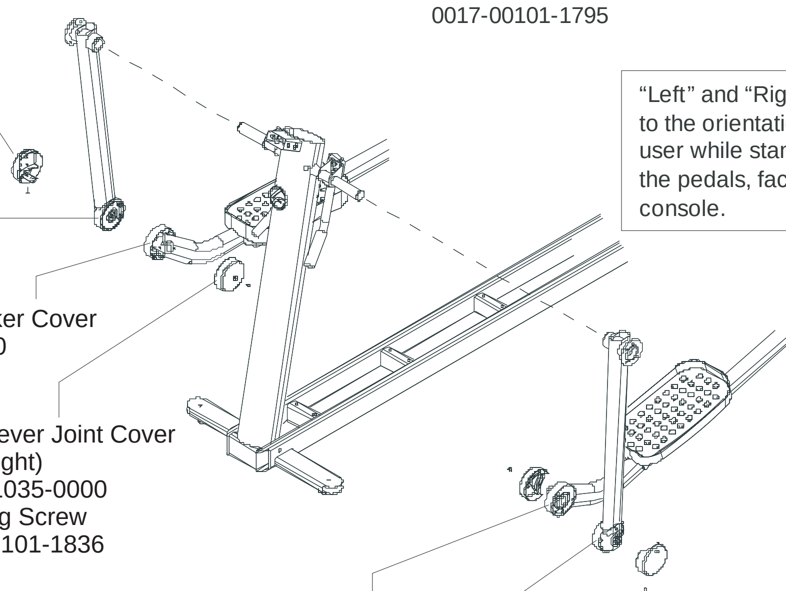
Items Not Shown:

Accessory Tray	0K62-01022-0001 (Stealth Gray)
Mounting Screws (2)	0017-00101-1846


Rocker Arms Kit
GK62-00002-0070
contents:
Rocker Arms (2)
Hardened Spacers (2)
Oilite Washers (2)
Retaining Rings (2)
Loctite 620
Alcohol pad
Rocker Arms
AK62-00062-0001
Shaft Collar w/Screws
0K61-01259-0000
Right Pedal
Lever Assembly
AK62-00236-0000
LF Bug
Medallion Assembly
AK58-00245-0000
Left Pedal
Lever Assembly
AK62-00235-0000

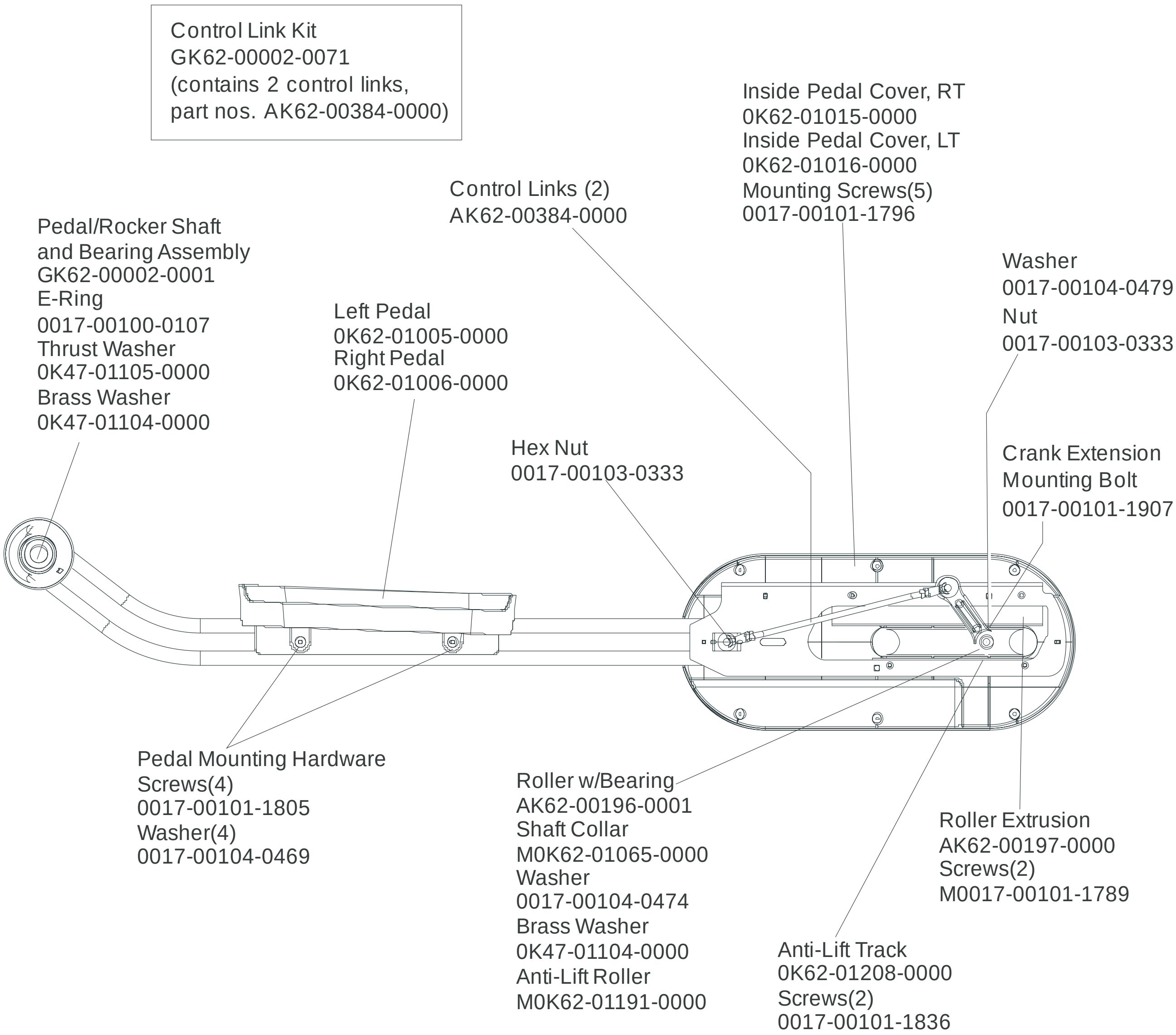

Crank Cover
0K61-03100-0002
Mounting screws(2)
0017-00101-1837
Stabilizer Caps
0K62-01003-0000(4)
Front Frame Cap
0K62-01004-0002
(Stealth Gray)
Mounting Screws
0017-00101-1795(2)

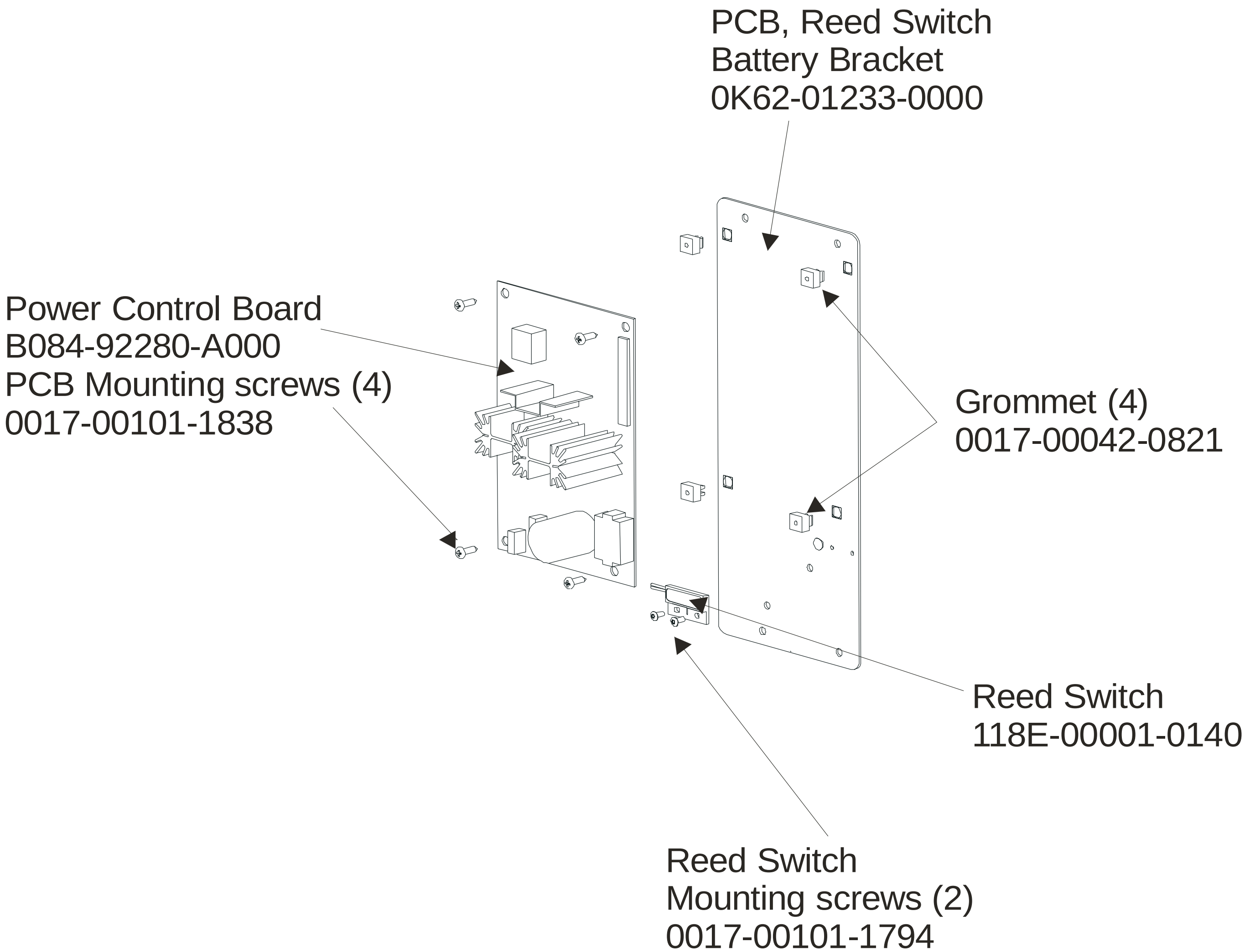




"Left" and "Right" refer to the orientation of a user while standing on the pedals, facing the console.

Pedal Lever Assembly Components — S/N XHM074504931



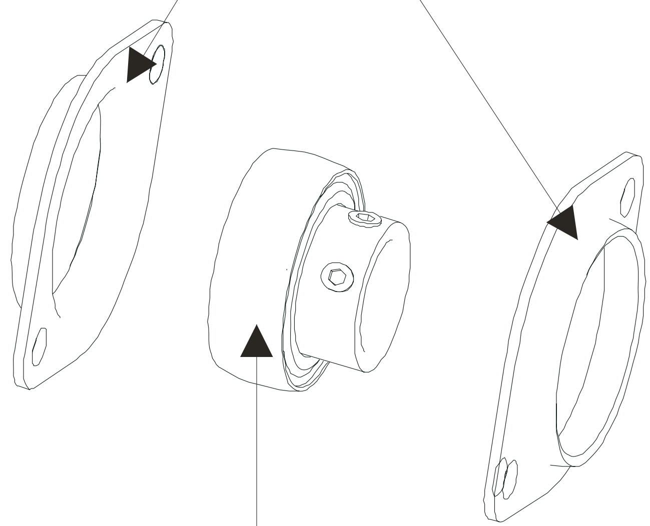

PCB, Reed Switch
Battery Bracket
0K62-01233-0000
Power Control Board
B084-92280-A000
PCB Mounting screws (4)
0017-00101-1838
Grommet (4)
0017-00042-0821
Reed Switch
118E-00001-0140
Reed Switch
Mounting screws (2)
0017-00101-1794

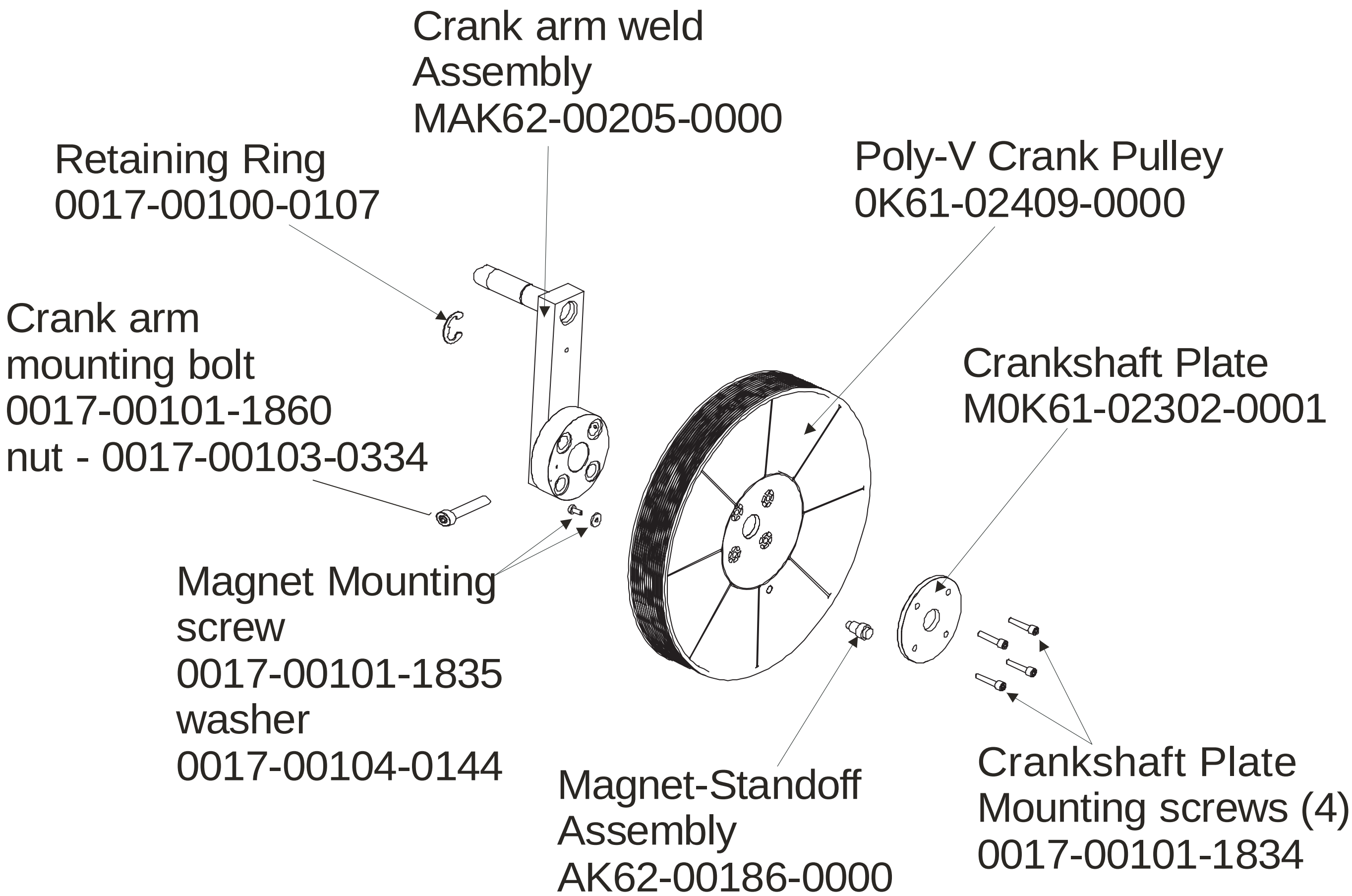
Service Kit-
MGK62-00002-0044
Includes:

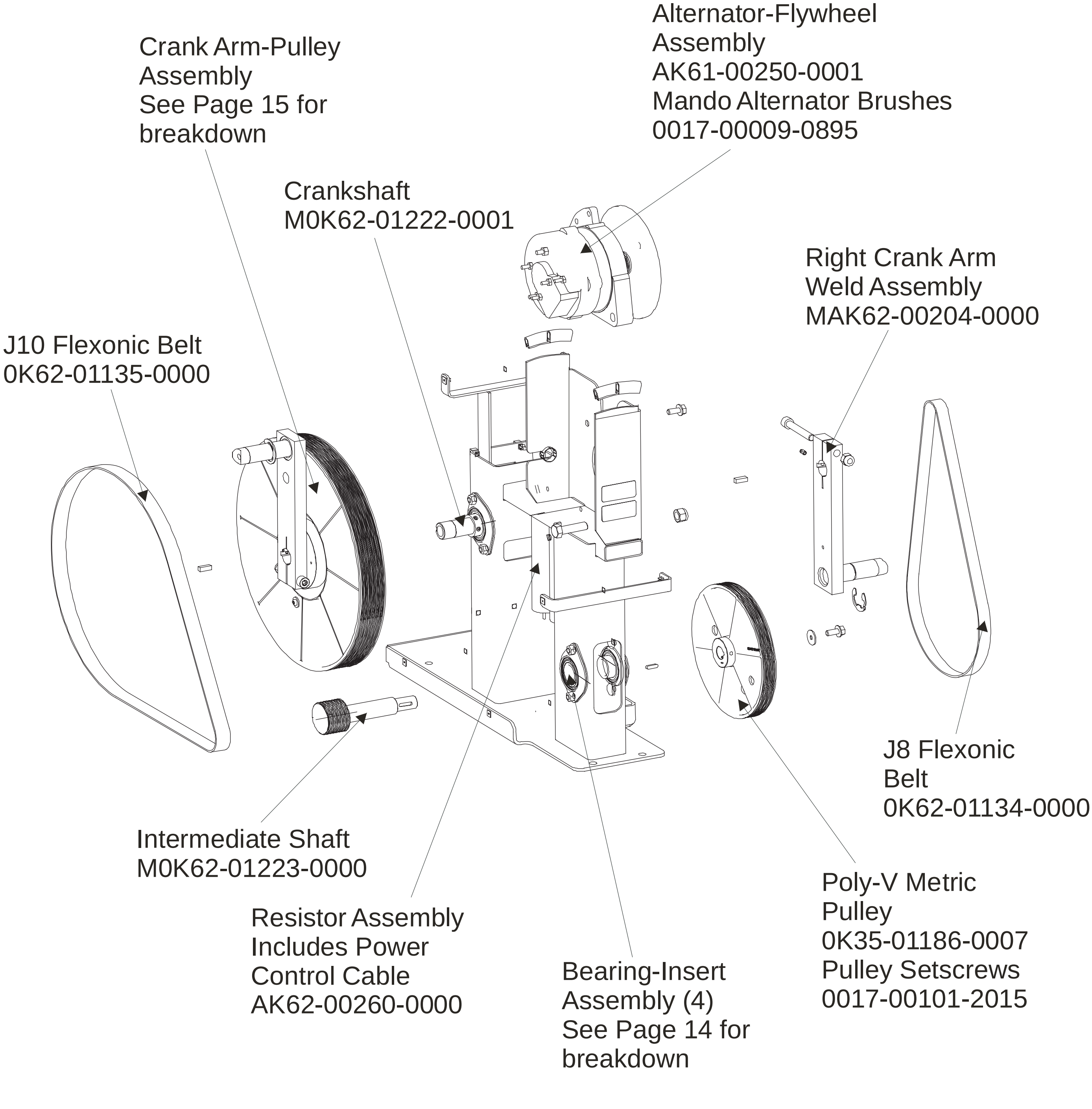
1 - crankshaft
2 - bearings
2 - sets of bearing flanges
4 - weldnuts and flat washers
4 - bolts

Service Kit- GK62-00002-0045
Includes:

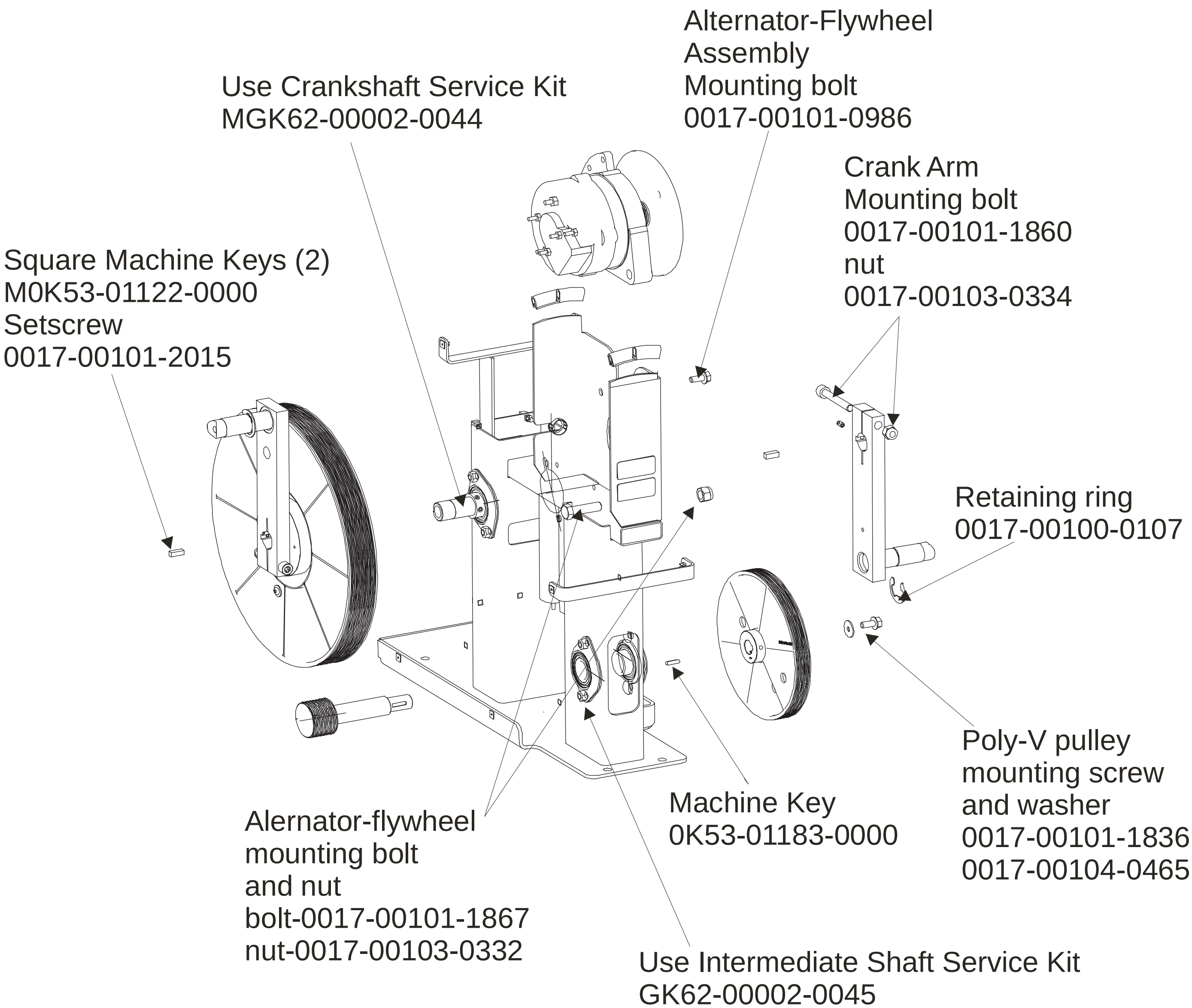
1 - intermediate shaft
2 - bearings
2 - sets of bearing flanges
4 - weldnuts and flat washers
4 - bolts

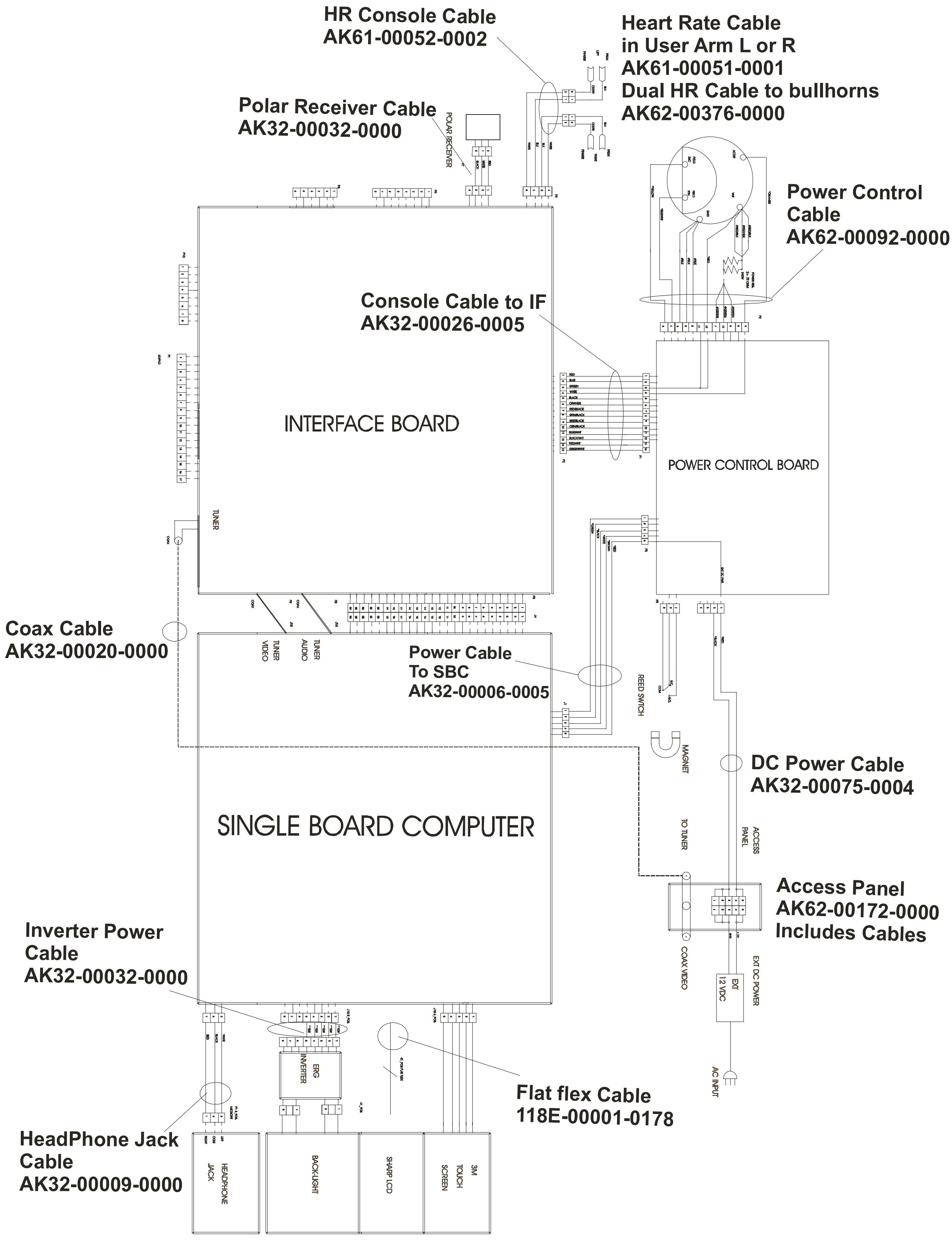



Crank arm weld
Assembly
MAK62-00205-0000
Retaining Ring
0017-00100-0107
Poly-V Crank Pulley
0K61-02409-0000
Crank arm
mounting bolt
0017-00101-1860
nut - 0017-00103-0334
Crankshaft Plate
M0K61-02302-0001
Magnet Mounting
screw
0017-00101-1835
washer
0017-00104-0144
Magnet-Standoff
Assembly
AK62-00186-0000
Crankshaft Plate
Mounting screws (4)
0017-00101-1834



Crank Arm-Pulley Assembly See Page 15 for breakdown
Alternator-Flywheel Assembly AK61-00250-0001 Mando Alternator Brushes 0017-00009-0895
Crankshaft M0K62-01222-0001
Right Crank Arm Weld Assembly MAK62-00204-0000
J10 Flexonic Belt 0K62-01135-0000
J8 Flexonic Belt 0K62-01134-0000
Intermediate Shaft M0K62-01223-0000
Poly-V Metric Pulley 0K35-01186-0007 Pulley Setscrews 0017-00101-2015
Resistor Assembly Includes Power Control Cable AK62-00260-0000
Bearing-Insert Assembly (4) See Page 14 for breakdown


Alternator-Flywheel
Assembly
Mounting bolt
0017-00101-0986
Use Crankshaft Service Kit
MGK62-00002-0044
Crank Arm
Mounting bolt
0017-00101-1860
nut
0017-00103-0334
Square Machine Keys (2)
M0K53-01122-0000
Setscrew
0017-00101-2015
Retaining ring
0017-00100-0107
Poly-V pulley
mounting screw
and washer
0017-00101-1836
0017-00104-0465
Machine Key
0K53-01183-0000
Alernator-flywheel
mounting bolt
and nut
bolt-0017-00101-1867
nut-0017-00103-0332
Use Intermediate Shaft Service Kit
GK62-00002-0045


HR Console Cable
AK61-00052-0002
Heart Rate Cable
in User Arm L or R
AK61-00051-0001
Dual HR Cable to bullhorns
AK62-00376-0000
Polar Receiver Cable
AK32-00032-0000
POLAR RECEIVER
Power Control
Cable
AK62-00092-0000
Console Cable to IF
AK32-00026-0005
INTERFACE BOARD
POWER CONTROL BOARD
TUNER
Coax Cable
AK32-00020-0000
TUNER VIDEO
TUNER AUDIO
Power Cable
To SBC
AK32-00006-0005
REED SWITCH
MAGNET
DC Power Cable
AK32-00075-0004
SINGLE BOARD COMPUTER
TO TUNER
ACCESS PANEL
Access Panel
AK62-00172-0000
Includes Cables
COAX VIDEO
EXT DC POWER
EXT 12 VDC
Inverter Power
Cable
AK32-00032-0000
ERG INVERTER
AC INPUT
Flat flex Cable
118E-00001-0178
HeadPhone Jack
Cable
AK32-00009-0000
HEADPHONE JACK
BACK-LIGHT
SHARP LCD
3M TOUCH SCREEN